



3rd INTERNATIONAL CONFERENCE ON CARDIOLOGY

November 30-01 December, 2023 | Dubai, UAE

TITLE: Treatment of post-surgical pain in the traumatology service in a second level hospital

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ABSTRACT

This was a descriptive cross-sectional study in 101 individuals older than 12 years who presented a diagnosis of limb fractures admitted to the traumatology service of a second level hospital in the province of Cañar-Ecuador from January to July 2017, describing the analgesic therapy used for the assessment of patients. The use of multimodal and preventive therapies has achieved a reduction in pain by controlling inflammation. It is important active participation of the health personnel in the creation of a management guide of post-surgical pain that allows the assessment of pain and its effects on a regular basis, providing patient education, setting goals to relieve and manage this pain, and provide pharmacological and non-pharmacological measures (analysis previous inflammation, risk factors) to prevent progression to severe pain.

BIOGRAPHY

Deysi Bermejo has completed her MD. at the age of 23 years from Catholic of Cuenca University, Ecuador, 2017; and she completed her International Master in Nutrition and Dietetic, 2021; she participated as an author or coauthor in other papers. She was a speaker in the second International Congress of Medicine, Cuenca 2017; she was a tutor in the practice of anatomy and physiology. She collaborated as a medical volunteer at Operation Ecuador. She works in the prevention of chronic diseases in Saludent Medical Center.

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