



## 3<sup>rd</sup> INTERNATIONAL CONFERENCE ON CARDIOLOGY

November 30-01 December, 2023 | Dubai, UAE

### **TITLE: ROLE OF NATURAL NUTRACEUTICAL INGREDIENTS IN HOLISTIC RECOVERY OF AFFECTED HUMAN ORGANS DUE TO COVID 19 INFECTION AND ITS TREATMENT**

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#### **ABSTRACT (upto 300 words)**

The Nutraceutical industry has emerged as a research-oriented sector and its demand during the Covid-19 pandemic has increased tremendously. There is a rapid change in consumer health consciousness and lifestyle post covid which has led to swift growth in the natural nutraceutical Market. Nutraceuticals are now looked upon as important supplements that are on the priority list of monthly expenses, which, like food, cannot be skipped and has a wide range of nutritional as well as therapeutic benefits.

Antiviral drugs such as remdesivir, ritonavir, and lopinavir are also being used; however, they are known to cause severe side effects on different organs.

After the first phase of Covid-19, the second wave affects a lot to the Indians with mysterious fungal

The infection is known as Mucor mycosis.

The purpose of this study was to understand post covid 19 effects during the treatment and post-treatment on specific organs such as the brain, lungs, heart, bones, liver, kidneys, skin etc. and the effectiveness of natural nutraceutical ingredients to nourish that specific organ and boost overall immunity including side effects of medications provided during the treatment and long-term side effects.

This is a review paper on COVID-19's extensive effects on virtually all organs and how natural nutraceutical ingredients will help in recovering fast.

#### **BIOGRAPHY (upto 200 words)**

Mrs. Rajashri Kanad Gutte (BE Biotechnology, MBA Production and Operations Management, Research Scholar, Ph.D. at MGM University, India. She is also the director of Kanad Life Sciences Pvt. Ltd. (Nutraceutical Firm)

She received the best young researcher award from Scientific International Publishing House and 4 papers and 1 patent published.

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**Mode of Presentation:** Oral.

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